



ACTIVITIES REPORT by Laura Wratten

Happy Holidays! I hope everyone is able to spend time with their family and friends over Christmas and into the New Year. This is such a special time of year (and busy too!). As we count down to Christmas, there is a LOT going on, so hang on, because this month is going to fly by!

We will be having Rosary on the 6th at 1:15 p.m. in the café. Resident Council has been moved to Thursday the 8th (the second Thursday of the month).

We have several entertainers this month including Ed Vollmer, The Remnant Singers, and Paul Ryder. We are also having our annual holiday concert with our very own Forget-Me-Not Band on the 18th at 2:00 p.m. We hope all will be able to attend, the band has been working very hard with their new leader, Tim, to make it memorable!

We will be offering several outings this month including a trip to Hamilton to shop, the Dollar Tree, and a lunch outing to Kirby's. Let an Activities staff member know if you'd like to attend!!

On Christmas morning, Activities staff members will be around for the present pass – everyone better be on the nice list!!!

Merry Christmas and Happy Holidays!

CHRISTMAS WISH LIST: Clocks, Jewelry, Lotion, Blankets, Puzzle Books, Coloring Books, Boxed Chocolates, Makeup, Hair Clip:



SPECIAL DAYS IN



- December 3 – Entertainment by Ed Vollmer
Cooking Group (Taco Salad)*
- December 9 – Hamilton Central School
December 9 – Boboli Pizza Party*
- December 11 – Morrisville Community Church Singers
December 13 – Picker Art Gallery*
- December 14 – Cooking Group (Christmas Cookies)
December 14 – Remnant Singers*
- December 15 – Hamilton Shopping Trip*
- December 16 – Happy Hour with Entertainment*
- December 17 – Birthday Party with Paul Ryder*
- December 18 – Forget-Me-Not Holiday Concert
December 20 – Hamilton Central School*
- December 21 – Cookie Decorating
December 21 – Senior Prize Bingo*
- December 22 – Dollar Tree Outing*
- December 23 – Ugly Sweater Contest
December 23 – Christmas Light Drive*
- December 24 – Christmas Eve Social*
- December 25 – Christmas Present Pass
December 27 – Lunch at Kirby's*
- December 28 – Cooking Group (Lasagna)
December 29 – Carolers Sing*
- December 31 – New Year's Eve Social*

RESIDENTS' BIRTHDAYS

- December 3 Mrs. Rosemary Williams
- 6 Mrs. Winifred Merriman
- 8 Mrs. Beatrice Eaton
- 8 Mrs. Mary Lloyd
- 8 Mrs. MaryLou Friers
- 10 Mrs. Dora Welch
- 28 Mrs. Sheila Athorn



NEW RESIDENTS

- Mrs. Julie Paetzell
- Mrs. Sandra Welch
- Mr. Douglas Hatch

NEW EMPLOYEES

Amy Albertina – CNA

WORK ANNIVERSARIES – December



- | | |
|------------------------------|---------------------------------|
| Candace Doyle – 47 Years | Richard Spinella – 1 Year |
| Kellie Wildey – 11 Years | Pamela Rodeo – 1 Year |
| Brittany Blakely – 3 Years | Gail Belden-Harrington – 1 Year |
| Paula Waffle – 3 Years | Jane Gray – 1 Year |
| Heather Gage-Foley – 2 Years | Elizabeth Barth – 1 Year |
| Jasmine Wratten – 2 Years | George Bridge – 1 Year |



CHURCH SCHEDULE

Catholic Mass is held every Friday at 10:00 a.m. with either Father Kelly or Father Carey.

Catholic Communion will be offered on Sundays at 10:00 a.m. when available.

Rosary will be held on Tuesday afternoon, December 6th, at 1:15 p.m. in the Dining Room.

Protestant Church will be held on Thursdays at 10:30 a.m.

Bible Study is held every Wednesday at 10:00 a.m. with Judy Pryputniewicz, Mary Maldonado, and Tim Pryputniewicz.

IN OUR PRAYERS

We would like to extend our deepest sympathies to the families and friends of Miss Anne Dugan, Mr. Deforest Shaver, and Mrs. Teresa Fuller.



DATES OF INTEREST IN

December 12 - Poinsettia Day - This day honors the poinsettia and Dr. Joel Poinsett, the person who introduced the Central American plant to the U.S. He was an American diplomat and also served as a member of Congress and Secretary of War.

December 13 - Full Moon - The traditional names for December's full moon are the cold moon, the oak moon and the long night moon.

December 16 - Anniversary of the Boston Tea Party (1773). A group of men calling themselves the "Sons of Liberty", dressed as Mohawk Indians, boarded three British ships, the Beaver, the Eleanor, and the Dartmouth, and dumped forty-five tons of tea into the Boston Harbor. The Boston Tea Party was a political protest against the British parliament and one of the key points in the start of the American Revolution.

Christmas Trivia

Christmas Tree Lights - The first known electrically-illuminated Christmas tree was the creation of Edward H. Johnson, an associate of inventor Thomas Edison. Johnson had Christmas tree light bulbs made especially for him. He proudly displayed his tree, which was hand-wired with 80 red, white and blue electric incandescent light bulbs the size of walnuts, on December 22, 1882 at his home on Fifth Avenue in New York. The story was published by a Detroit newspaper reporter, and Johnson became the Father of Electric Christmas Tree Lights.



SOCIAL SERVICE NEWS

From the desk of Colleen Sullivan-Marris



Happy Holidays to everyone! December is such a busy month between decorating, shopping, baking, shipping gifts, we can lose focus of the reason for the season. That is why I love Christmas music. I have started playing music in my car, my house, and my office. I usually select music with inspirational themes and messages. Music has a way of relaxing you and letting you focus on the real purpose of the Christmas season.

The home ensures that we have all kinds of Christmas events for the residents and their families. So take time to think about what inspires you. If it is a church service, bible study, a group of carolers, a choir, children reading stories, or eating fresh-baked cookies, it is sure to be happening here. Participate in whatever interests you and it should put a smile on your face. Merry Christmas!

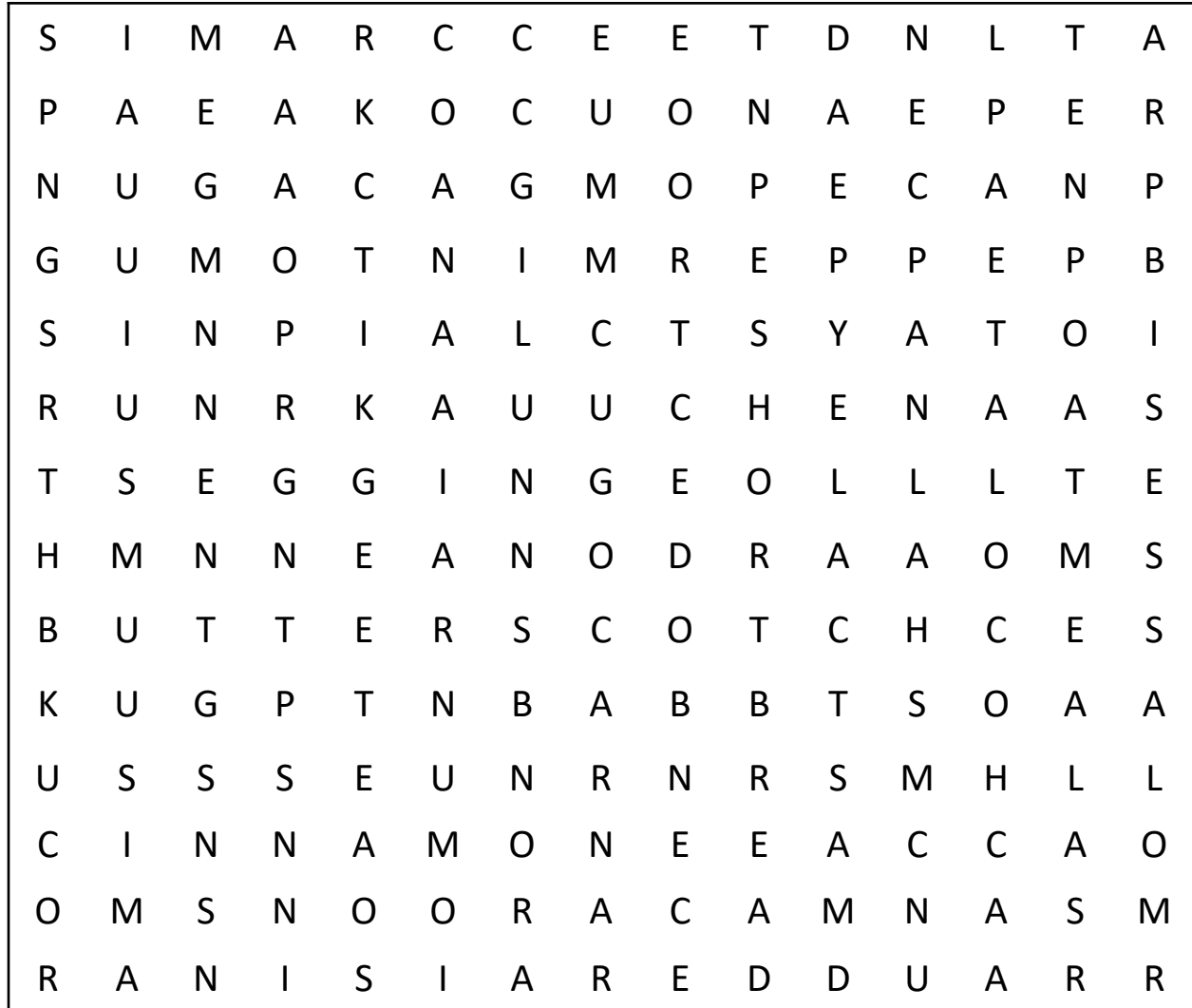
CHRISTMAS DINNER

Christmas is right around the corner. Don't forget to make reservations for dinner if you plan on attending. Keep an eye out for signs giving more details.





CHRISTMAS COOKIE WORD SEARCH



WORD LIST

*ALMOND

*BRAN

*BUTTERSCOTCH

*CHOCOLATE

*CINNAMON

*COCONUT

*GINGERBREAD

*MACAROONS

*MERINGUE

*MOLASSES

*OATMEAL

*PEANUT

*PECAN

*PEPPERMINT

*PUMPKIN

*RAISIN

*SHORTBREAD

*SUGAR

VOLUNTEER REPORT by Betty Barth



November was a very busy month. We had shoppers going to Big Lots and several bus outings including one where we saw elephants. We had a wonderful visit from the Pop Warner cheerleaders and several visits from the fifth grade class at Madison School. The residents enjoyed having lunch with them on one occasion.

Memorial Park School had an outstanding ceremony for all veterans and we honored our veterans with a special ceremony with the Cub Scouts and the American Legion. Waterville Residential Care Center cannot thank our veterans enough for all they have sacrificed for our freedom.

Thanksgiving was celebrated with a beautiful holiday service by Bruce Hecker and was very well-attended. Our facility has many opportunities for our residents to participate in religious programs and bible studies. Anyone is free to attend and as always, we welcome visitors and volunteers. Please check our activities calendar for times.

Remember, “do some service, because that’s when you’ll truly not only feel connected, but you’ll have a sense of purpose and you’ll thrive. You’ll feel a happiness that doesn’t just come as a burst of pleasure that leaves you hungry for more. It lasts.”

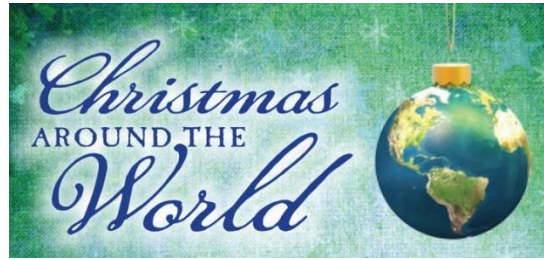
Activities is always looking for volunteers – an hour a week can bring you such happiness. Stop in any time.

Our department is in need of 2017 calendars. Thank you and Happy Holidays!!

VOLUNTEER BIRTHDAY

December 27 Tom Wratten





Italy - An elderly woman was asked for directions to the new baby Jesus by the three wise men who had lost their way. She couldn't help them because she was too busy sweeping out her house. She even turned down an invitation to join them in bringing gifts to the newborn Christ child. The elderly woman, or La Befana, came to regret her decision, and ever after roams the world bringing gifts to children in the hopes of finding the Christ child.

Denmark - The Christmas feast is celebrated at midnight on Christmas Eve. Dessert is a special rice pudding in which a single almond is hidden. Whoever finds the almond will have good luck for the coming year.

Holland - St. Nicholas arrives early in Holland with his gifts, in November. He is dressed in Bishop's robes and journeys in a boat with his helper who is called Black Peter and who wears Spanish clothes. It is said that the pair spend most of the year preparing lists of presents and writing every child's behavior in a very large book. Many people go to Amsterdam docks to greet him. He rides a snow horse through the streets in a great parade, and many festivities. December 5th is Sinterklass Eve, and presents are given and received.

Norway - Norwegian children always remember a little gnome called Nisse at Christmas time. He guards all the farm animals and he plays tricks on the children if they forget to leave him a bowl of special porridge. In the Viking tradition, children go from house to house in the dark afternoons asking for goodies.



GIFT IDEAS

Christmas is just around the corner. Here are a few suggestions for gifts for your special resident. *Please remember to bring clothing items to the Front Desk to be labeled. It is helpful to write the resident's name on the bag, box, etc. You may want to have the items labeled before wrapping them. Also remember that Maintenance needs to check out anything electrical before it is used.*

PERSONAL GROOMING ITEMS

Body/Hand Lotion
Shower caps, soap, shampoo
Conditioner, Hair Spray
Combs, Brushes
Hair Ribbons, Barrettes
Nail Polish, Lipsticks
Cologne, Perfume, Powder
Zippered Cosmetic Bags

ROOM DECORATIONS

Unbreakable knickknacks
Floral decorations
Dresser scarves
Decorative pillows
Framed Pictures (not glass)
Wall decorations, Calendars

PARTY SUPPLIES

Boxed cookies, snacks, candy
Packets of Hot Chocolate
Holiday decorations (all holidays)

CERTIFICATES

Hairdresser

GAMES

Dominoes
Watercolor paints and brushes
Paint by Number Sets
Checkers, Cards, Puzzles
Craft/Hobby Sets
Crossword Puzzle Books

BINGO PRIZES

Jewelry, Handkerchiefs, Colorful
Scarves
Soft candy/snacks (individually
wrapped)
Writing paper, cards, stamps
Change purses, wallets
Large Print paperback books

CLOTHING ITEMS

Socks, Tube socks, knee socks
Sock booties
Hats, Scarves, Mittens, Gloves
Slippers, Lap robes, Sweaters (Large)
Women's purses



Mint Christmas Dessert

Ingredients:

2 cups vanilla wafer crumbs 2 squares melted cooled chocolate
¼ cup melted butter 1 ½ cups whipping cream
1 ½ cups powdered sugar 1 package miniature marshmallows
½ cup butter ½ cup crushed peppermint candy
3 eggs

Directions:

1. Mix the 2 cups vanilla wafer crumbs and ½ cup melted butter. Press into 9"x13" pan. In a mixing bowl, cream together ½ cup butter and 1 ½ cups powdered sugar. To this mixture, add 3 eggs and 2 squares melted cooled chocolate. Pour this mixture over the crumbs and chill.
2. Whip 1 ½ cups whipping cream and fold in 1 package of miniature marshmallows. Spread on the chocolate layer. Sprinkle ½ cup crushed peppermint candy over the top of the whipped cream marshmallow mixture. Chill.

Christmas Cake

Ingredients:

Two 9" baked cake layers 2/3 cup powdered sugar
(Make cake beforehand, 4 Tbsp. cocoa
so layers are thoroughly 2 cups heavy cream
cooled.) 2 tsp. vanilla

Directions

1. Combine powdered sugar and cocoa and add cream and vanilla. Beat with an electric mixer until stiff.
2. Slice cake layers in halves horizontally. Place bottom slice on serving plate. Alternate cake layers and whipped cream mixture, then cover top of cake.

You know you live in upstate New York in winter when....

- ❖ You define summer as 3 months of bad sledding.
- ❖ You have experienced frostbite and sunburn in the same week.
- ❖ Your car has frozen solid and you couldn't open the doors.
- ❖ You drive through a blizzard at least twice in a winter.
- ❖ You still have winter tires on in May.
- ❖ You have more miles on your snow blower than on your car.
- ❖ You design your kids' Halloween costumes to fit over a snowsuit.
- ❖ You owe more money on your snowmobile than your car.
- ❖ You have kept food cold by putting it on the back porch.
- ❖ Shoveling the driveway constitutes a great upper body workout.
- ❖ You find -20F "a mite chilly".
- ❖ You know the 4 seasons: Almost Winter, Winter, Still Winter, and construction.

